

## Senior Nutrition Program

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 Chicken Noodle Soup w veggie Peaches Breadstick 2% Milk	4 Swiss Steak Baked Potato Vegetable blend ½ of a Fresh Banana Choc Mousse Pudding 2% Milk	5 Pork Chop Au gratin potatoes Calif Blend Banana Bread Applesauce Texas Sheet Cake 2% Milk	6 Philly cheese Sandwich w/ grilled onions and green peppers 3 bean Salad Potato chips Fruit 2% Milk
10  Cooks Choice	11 Meatloaf Scalloped Potatoes Green beans pineapple Bread & margarine Pumpkin choc chip cookie 2% milk	12 Chicken Sandwich w/ trimmings Fruit salad Carrot & raisin salad Chips Pickle spear 2% Milk	13 Baked Fish w/tartar sauce Brown rice pilaf Veggie Blend Tropical fruit 2% Milk
17 Pot Roast w/ cabbage, carrots, potato Green Jell o w/ pears Buttermilk Biscuit 2% Milk	18 Hamburger Casserole Mixed Veggies Orange jell O w/ mandarin orange Peanut butter bar 2 % Milk	19 Pulled pork Sandwich Baked Beans Cole Slaw Fruit cocktail Corn bread 2% Milk	20 Taco Soup w/ cheese & sour cream Frito corn chips Peaches Tapioca Pudding 2% Milk
24 Ham Scalloped Potatoes Peas Tropical Fruit 2% Milk	25 Chicken Pillows w/ gravy Cooked Carrots w/ fresh parsley Fruit cup Gingerbread w/ lemon sauce 2% Milk	26 Hot Dog w/ Trimmings Macaroni Salad Chip & pickle spear Pears Bar Cookie 2% Milk	27 Buffalo chicken over noodles veggie Pineapple/mandarin orange salad Bread w/ margarine Milk 2%
31 Beef Enchiladas Refried Beans Mexi Corn Peach cobbler 2% milk			<b>Suggested Donation            Seniors 60 &amp;            older \$3.00            Under 60 full cost of meal            is \$6.00</b>